

Group Supervision



**FACILITATED BY:
ALICIA HOUSE, RP, MTA**

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Alicia House is a Registered Psychotherapist (RP) with nearly a decade of clinical experience working primarily with adults impacted by complex trauma. Her experience spans private practice, community mental health, inpatient and residential treatment, and educational settings. Alicia approaches supervision as a collaborative and reflective process, drawing thoughtfully on her clinical knowledge, lived experience, and use of self to support clinicians in developing confidence, deepening their practice, and navigating the complexities of trauma-focused care.

LOGISTICS:

Each group takes place on Monday evenings from 7–8:30 pm, on Jane video, for 4 weeks. Each weekly session costs \$70.

- November 2026 group:
Nov 9, 16, 23 & 30
- January 2027 group:
Jan 4, 11, 18 & 25
- March 2027 group:
Mar 1, 8 15, & 22

This group supervision program is designed specifically for newer therapists who have an interest in working with adults with complex presenting concerns. With a maximum of 6 participants per group, we will cover...

- Continual assessment model for long-term depth work
- Case exploration
- Integrative, holistic, & de-pathologizing approaches for supporting clients with complex trauma histories
- Unpacking and exploring the "self" of the therapist
- Trauma-focused theory and practice